

Department of nursing
Faculty Natural Sciences
Open University
Regional Branch- Anuradhapura
Sri Lanka

2013

Visiting Lecturer in psychology
Department of nursing
Faculty Natural Sciences
Open University
Regional Branch- Kandy
Sri Lanka

Research Experience
2011

University of Peradeniya, Department of Philosophy and
Psychology

Undergraduate

Conducted a research on “The meaning of loneliness in the
Sri Lankan context: an exploratory study”.

Research Supervisor: Dr. Danesh Karunanayake

Paper presented at the International Conference on Arts and
Humanities 2015, Colombo, Sri Lanka

University of Peradeniya, Department of Philosophy and
Psychology

Undergraduate

Contributed into a research on “Looking into a possible
feminist psychology for the Sri Lankan context” conducted
by Mrs. Udeni M.H. Appuhamilage (MA Clinical Psychology)
lecturer of the Department of Philosophy and Psychology,
Faculty of Arts, University of Peradeniya.

University of Peradeniya, Department of Philosophy and
Psychology

Undergraduate

Contributed into a research on “exploring the emotion
vocabulary among Sinhala speaking population” conducted
by Mrs. Udeni M.H. Appuhamilage (MA Clinical Psychology)

lecturer of the Department of Philosophy and Psychology,
Faculty of Arts, University of Peradeniya.

Positions Held

December 2014 – Present

Lecturer in Psychology
Department of Psychology and Medical Psychology
Faculty of Medicine
South Asian Institute of Technology and Medicine,
Malabe, Sri Lanka

December 2014 – Present

Mentor
Faculty of Medicine
South Asian Institute of Technology and Medicine,
Malabe, Sri Lanka

March 2015 – July 2015

Coordinator
Student – teacher Liaison Committee
Faculty of Medicine
South Asian Institute of Technology and Medicine,
Malabe, Sri Lanka

December 2013 – December 2014

Lecturer in Psychology
Psychology and Counselling Unit
Sri Lanka Foundation
Colombo

December 2013 – October 2014

Coordinator - National Diploma Program in Counselling for
Officers attached to the bureau of the commissioner
of rehabilitation – 2013 batch
Psychology and Counselling Unit
Sri Lanka Foundation
Colombo

October 2014 – December 2014	Coordinator - National Diploma Program in Counselling for Officers attached to the bureau of the commissioner of rehabilitation – 2014 batch Psychology and Counselling Unit Sri Lanka Foundation Colombo
May 2014 – December 2014	Coordinator - National Diploma Program in Counselling (2014 – Fulltime Course) Psychology and Counselling Unit Sri Lanka Foundation Colombo
May 2014 – November 2014	Coordinator - National Diploma Program in Psychology (2013), Psychology and Counselling Unit Sri Lanka Foundation Colombo
December 2013 – December 2015	Coordinator – Public Lecture series of the Psychology and Counselling Unit, Sri Lanka Foundation, Colombo
December 2013 – December 2015	Coordinator - Workshops Psychology and Counselling Unit Sri Lanka Foundation Colombo
December 2013 – December 2014	Coordinator – Centre for wellbeing Psychology and Counselling Unit Sri Lanka Foundation Colombo
July 2014 – December 2014	Supervisor- HND in Counselling- Internship Psychology and Counselling Unit Sri Lanka Foundation Colombo

Recourse person for the workshop on “Stress Management” conducted by the Psychology and Counselling Unit, Sri Lanka Foundation, Colombo, Sri Lanka.

Recourse person for the workshop conducted by the Psychology and Counselling Unit, Sri Lanka Foundation, Colombo, Sri Lanka.

My contribution entitled “Assertiveness”

Resource person at the workshop for the University staff of the University of Sabaragamuwa, conducted by the Psychology and Counselling Unit, Sri Lanka Foundation, Colombo, Sri Lanka.

My contribution entitled “University students in groups”.

Resource person at the workshop for the Academics of the National Universities of Sri Lanka, conducted by the Psychology and Counselling Unit, Sri Lanka Foundation, Colombo, Sri Lanka.

My contribution entitled “Self reflection in counselling”.

Resource person at the workshop conducted by the Language and ICT Unit of Sri Lanka Foundation, Colombo, Sri Lanka.

My contribution entitled “Teaching and Psychology”.

Resource person at the workshop conducted by the Social and Institutional Development Unit of Sri Lanka Foundation, Colombo, Sri Lanka.

My contribution entitled “Motivation at work”

October 2012 – December 2013

Lecturer

Department of Philosophy & Psychology

	Faculty of Arts
	University of Peradeniya
2013	Visiting Lecturer in psychology Department of nursing Faculty Natural Sciences Open University Regional Brach- Kandy Sri Lanka
2012	Visiting Lecturer in psychology Department of Pharmacy Faculty of Allied Health Sciences University of peradeniya Peradeniya, Sri Lanka
2012	Visiting Lecturer in psychology Department of nursing Faculty Natural Sciences Open University Regional Brach- Anuradhapura Sri Lanka
2012 – 2013	Volunteer Student Counsellor Faculty of Arts University of Peradeniya
2009	Assisstant Student Counsellor Faculty of Arts University of Peradeniya
	Contributed to a workshop conducted by the Women In Need (WIN) Kandy.
	My contribution entitled “Gender Stereotypes in our Society”
	Co developer of the module on “counseling skills” for the Capacity Building training program of field officers of the ministry of child development & women’s affairs, conducted

by the ministry of child development & women's affairs and
Counselling and Psychology Unit of Sri Lanka Foundation.

Guest Lectures

"Family Development", invited lecture, Gajaba Regiment,
Colombo, Sri Lanka

Research Presentations

Herath H.M.S.K., (2015), *The meaning of loneliness in the Sri Lankan context: an exploratory study*,
Paper presented at the International Conference on Arts and Humanities 2015, Colombo, Sri Lanka.

Publications

Herath H.M.S.K., (2014), "*Vibhaga aatatiya magaharawa ganimu*". The foundation newsletter-
January-June 2014.

Submitted Manuscripts

Herath H.M.S.K., (2015), *The meaning of loneliness in the Sri Lankan context: an exploratory study*,
Paper presented at the International Conference on Arts and Humanities 2015

Herath H.M.S.K.,(2015), "*Understanding Loneliness*", Prof. Kulasena Vidanagamage Felicitation
Volume

References:

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Consultant Clinical Psychologist,
Senior Lecturer,
Department of Philosophy & Psychology ,
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University Of Peradeniya.
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Dr. Ramila Uoosf
Senior Lecturer
Department of Philosophy & Psychology ,
Faculty of Arts,
University Of Peradeniya.
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