

Malathie Priyangika Dissanayake, BA (PDN) MA (USA) PhD (USA)
Curriculum Vitae

Dr. Malathie P. Dissanayake
Head
Department of Medical Psychology
Faculty of Medicine
South Asian Institute of Technology and Medicine
Malabe, Sri Lanka
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Education

August 2007 – May 2010	North Carolina State University Raleigh, North Carolina, USA Ph.D.: Developmental Psychology Emphasis: Cross-Cultural Investigation of Emotion Differentiation and Relationship Quality
September 2005 – 2006	West Chester University of Pennsylvania West Chester, Pennsylvania, USA MA: General Psychology Thesis: A Comparative Investigation of the Self Image and Identity of Sri Lankans in Sri Lanka and North America
June 1995 – 1999	University of Peradeniya Peradeniya, Sri Lanka BA: Psychology Thesis: A Psychological Study of Frustration in Students Who Fail to Qualify for University Admission Due to not Reaching the Cut-off Marks

Teaching experience

October 2010 – present	Senior Lecturer in Psychology Department of Medical Psychology Faculty of Medicine South Asian Institute of Technology and Medicine Malabe, Sri Lanka
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Undergraduate Courses:

Courses in the MBBS Program
Introduction to Psychology Course
Lectures in Multidimensional Approach to Patient Care Course

Courses in the Diploma in Nursing
Introduction to Psychology

April 2015 – present

Visiting Lecturer
Masters of Counselling and Psychosocial Support Program
(MCPS)
Faculty of Graduate Studies
University of Colombo
Colombo, Sri Lanka

Graduate Courses:

Lectures conducted in MCPS Program

Quantitative research methods
Basics in quantitative research
Quantitative Data Analysis: Correlation and Regression
Quantitative Data Analysis: T-test, ANOVA, MANOVA

Sept. 1999 - August 2005

Lecturer in Psychology
Department of Philosophy & Psychology
Faculty of Arts
University of Peradeniya
Peradeniya, Sri Lanka

Undergraduate Courses:

Biological Foundations of Psychology
Motivation and Emotion
Psychology of Personality
Social Psychology
Abnormal Psychology
Issues in Child Development
Organizational Psychology

Teaching Interests

Developmental Psychology, Health Psychology, Cross-cultural Psychology, Psychological Well-being, Motivation, Emotion, and Personality, Social Psychology

Research Experience

April 2012 – present

Supervisor
Psychology Research Program
Department of Psychology and Medical Psychology, Faculty of
Medicine, South Asian Institute of Technology and Medicine

September 2015

South Asian Institute of Technology and Medicine, Department of
Psychology and Medical Psychology

Senior Lecturer in Psychology

To be conducted a study on parents' perception of a healthy child

February 2014	South Asian Institute of Technology and Medicine, Department of Psychology and Medical Psychology
	Senior Lecturer in Psychology
	Conduct a study on psychosocial, interpersonal, and Management issues in patients who use long-term urinary catheters
August 2013	South Asian Institute of Technology and Medicine, Department of Psychology and Medical Psychology
	Senior Lecturer in Psychology
	Conducted a study on health beliefs and quality of life of Patients
May 2013	South Asian Institute of Technology and Medicine, Department of Psychology and Medical Psychology
	Senior Lecturer in Psychology
	Supervised a study on the effect of leisure activities on life satisfaction of elders in elders' homes
December 2012	South Asian Institute of Technology and Medicine, Department of Psychology and Medical Psychology
	Senior Lecturer in Psychology
	Supervised a study on positive emotions and personal growth
June 2012	South Asian Institute of Technology and Medicine, Department of Psychology and Medical Psychology
	Senior Lecturer in Psychology
	Conducted a study on purpose in life and happiness of adults.
August 2007 – May 2010	North Carolina State University, Department of Psychology
	PhD Candidate
	Conducted a cross-cultural study on emotion differentiation and interpersonal relationship quality.
	Conducted a study on emotional experiences of Sri Lankans.

Research Advisors: Dr. Amy Halberstadt and Dr. James Kalat

Sept.2002 - June 2004 University of Pennsylvania, Solomon Asch Center for Study of Ethnopolitical Conflict

Research Scholar

Conducted a study on the interplay of multiple identities across multiple social domains and different social settings in Sri Lankans.

Conducted a study on multiple identities of Sri Lankans.

Research Advisors: Dr. Paul Rozin and Dr. Clark McCauley

Sept. 1999 – Aug. 2005 University of Peradeniya, Department of Psychology

Lecturer in Psychology

Conducted a study on psychological problems of female university students who have been in areas affected by the war.

Research Interests

Emotional experience of individuals in different cultures
 Social and emotional development throughout the lifespan
 Psychology and health, and psychological well-being
 Social identity and cultural context

Positions held

May 2011 – present Head
 Department of Psychology and Medical Psychology
 South Asian Institute of Technology and Medicine
 Malabe, Sri Lanka

April 2011 – present Student Counselor
 Faculty of Medicine
 South Asian Institute of Technology and Medicine
 Malabe, Sri Lanka

2011 - present Mentor
 Faculty of Medicine
 South Asian Institute of Technology and Medicine
 Malabe, Sri Lanka

May 2016 Panel member in the MPhil-PhD Research Methodology Training Program, Faculty of Graduate Studies, University of Colombo, Sri Lanka

February 2016	Panel member – Viva Voce Examination in the MPhil in Clinical Psychology Programme 2014/16 Faculty of Graduate Studies, University of Colombo, Sri Lanka
August 2015	Panel member in the MPhil-PhD 2015 Research Methodology Training Program, Faculty of Graduate Studies, University of Colombo, Sri Lanka
May 2015	Session chair The International Conference on Public Health Colombo, Sri Lanka
March 2013	Resource person at the workshop on effective learning and stress management conducted by the Faculty of Medicine, SAITM for the new students March 11, 2013
November 2011	Resource person at the workshop conducted by the Asia Foundation, Colombo, Sri Lanka. My contribution entitled “Personal and professional Development and peer support.”
Sept. 2008 -2009	Volunteer KIRAN - Domestic Violence and Crisis Services for South Asians in North Carolina, North Carolina, USA
Jan. 2007 – May 2007	Mental Health Professional NorthWestern Human Services of Chester County West Chester, Pennsylvania, USA
Sept. 2005 – May 2006	Graduate Assistant West Chester University of Pennsylvania West Chester, Pennsylvania, USA
Sept. 2002 - June 2004	Research Scholar Solomon Asch Center for Study of Ethnopolitical Conflict University of Pennsylvania, Philadelphia, Pennsylvania, USA
2002	Voluntary Student Counselor Faculty of Arts University of Peradeniya, Peradeniya, Sri Lanka
2001	Voluntary Student Counselor Faculty of Arts University of Peradeniya, Peradeniya, Sri Lanka

Sept. 1999 – August 2005 Lecturer in Psychology
 Department of Philosophy & Psychology
 Faculty of Arts
 University of Peradeniya, Peradeniya, Sri Lanka

June 1999 – August 1999 Counseling Officer
 Women's Bureau
 Ministry of Women's Affairs, Colombo 5, Sri Lanka

Awards and Honors

August 2015 Best Presentation Award
 1st World Asian Studies Conference-2015, Colombo, Sri Lanka

August 2015 Session's Best Presentation Award
 1st World Asian Studies Conference-2015, Colombo, Sri Lanka

August 2015 Session's Best Presentation Award
 2nd International Conference on Social Sciences-2015, Colombo,
 Sri Lanka

August 2007 Psychology Graduate Support Award
 North Carolina State University, USA

2006 Institute for Women's Graduate Grant
 Institute of Women
 West Chester University of Pennsylvania, USA

2006 SCCR Annual Graduate Student Award
 35th Annual Meeting of Society for Cross-Cultural Research (SCCR) in
 Savannah, Georgia, USA

September 2005 Graduate Assistantship
 West Chester University of Pennsylvania, USA

1995-1996 University Scholarship for Best Performance on the results of General
 Arts Qualifying Examination University of Peradeniya, Sri Lanka

Memberships of Committees

2015 Committee member
 The Scientific Committee of World Disability and Rehabilitation
 Conference-2016, Colombo, Sri Lanka

January 2014 – present Committee member
 The Research Committee

Faculty of Medicine, South Asian Institute of Technology and
Medicine, Malabe, Sri Lanka.

- August 2013 Committee member
The Executive Committee, SAITM Research Symposium – Medical
2014.
- 2012 - present Committee member
The Medical Education Unit, Faculty of Medicine, South Asian
Institute of Technology and Medicine, Malabe, Sri Lanka.
- Nov. 2012 - present Committee member
The Ethical Review Committee, Faculty of Medicine, South Asian
Institute of Technology and Medicine, Malabe, Sri Lanka.
- June 2013 - present Committee member
The Curriculum Development and Evaluation Committee, Faculty of
Medicine, South Asian Institute of Technology and Medicine, Malabe,
Sri Lanka.
- April 2013 Committee member
The Technical Advisory Committee of the Higher National Diploma in
Counseling at National Institute of Social Development, 488 A, Nawala
Road, Rajagiriya, Sri Lanka.
- January 2013 Committee member
The Curriculum Monitoring Committee of the Counseling Diploma
Program at National Institute of Social Development, 488 A, Nawala
Road, Rajagiriya, Sri Lanka.

Professional Development

- Sept. 2011 – April 2012 Certificate Course in Professional Development in Higher Education
(Staff Development Program) Conducted by Internal Quality Assurance
Committee, SAITM under the supervision of Quality Assurance and
Accreditation Council of the University Grant Commission, Sri Lanka.
- October 2001 A workshop on Counseling Skills in Higher Education Conducted by
Staff Development Center, University of Peradeniya, Peradeniya, Sri
Lanka.

Guest Lectures

- June 2014 “Why Counselling”, invited lecture in the training programme in
counselling for university academics in collaboration with the
University Grant Commission, Sri Lanka Foundation, 100, Sri Lanka
Padanama Mawatha, Colombo 7, Sri Lanka. June 23, 2014

February 2013

“Research Methods: Quantitative analysis,” Invited lecture, National Institute of Social Development, 488 A, Nawala Road, Rajagiriya, Sri Lanka, February 19, 2013

Research Presentations

- Dissanayake, M. P. (2015, October). *The effect of self-efficacy on patients' perceptions of general health: The mediating role of positive affect*. Paper presented at Annual Research Sessions 2015, Faculty of Graduate Studies, University of Colombo, Sri Lanka.
- Dissanayake, M. P., & Rupasinghe, P. D., Samarasinghe H. L., Ellawala A., Jayathungage A. I., Gunawardene N. N., Vidanagamage, M. (2015, August). *Mediating effect of self-efficacy and positive affect on the link between beliefs about the benefits of health behaviors and life satisfaction*. Paper presented at International Conference in Applied Psychology, BMICH, Colombo, Sri Lanka.
- Dissanayake, M. P. (2015, August). *Exploring religious involvement of individuals living in two South Asian cultures*. Paper presented at World Asian Studies Conference, Colombo, Sri Lanka.
- Dissanayake, M. P., Kamble, S. V., & Patil A. (2015, August). *Gender as a moderator of the relationship between positive affect and life satisfaction*. Paper presented at International Conference on Social Sciences, Colombo, Sri Lanka.
- Dissanayake, M. P., Kamble, S. V., & Patil A. (2015, August). *The effect of beliefs about valuing positive emotions on happiness and life satisfaction: The mediating role of positive affect*. Paper presented at International Conference on Social Sciences, Colombo, Sri Lanka.
- Jayathungage, A. I., Dissanayake, M. P., Rupasinghe, P. D., Samarasinghe, H. L., Ellawala, A., Gunawardene, N. N., & Vidanagamage, M. (2015, August). *Age-related trends in value of general health, self-efficacy, and life satisfaction*. Paper presented at International Conference on Social Sciences, Colombo, Sri Lanka.
- Dissanayake, M. P., Kamble, S. V., & Patil A. (2015, July). *Predicting happiness and life satisfaction from individuals' perceptions of life*. Paper presented at International Conference on Arts and Humanities, Colombo, Sri Lanka.
- Dissanayake, M. P., & Rupasinghe, P. D., Samarasinghe H. L., Ellawala A., Jayathungage A. I., Gunawardene N. N., Vidanagamage, M. (2015, May). *Intercorrelations among health beliefs and affect*. Paper presented at International Conference Public Health, Colombo, Sri Lanka.
- Dissanayake, M. P., & Rupasinghe, P. D. (2014, October). *The Effects of Health Beliefs on Life Satisfaction of Patients*. Paper presented at International Conference in Applied Psychology, BMICH, Colombo, Sri Lanka.

- Suriyarachchi, D. K. M., Dissanayake, M. P., Gunasekera, H. T., & Wijayananda, P. B. (2014, April). *The Relationships among Positive Emotions, Personal Growth, and Environmental Mastery*, Paper presented at Medical Research Symposium at South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.
- Rupasinghe, P. D., Dissanayake, M. P., Samarasinghe, H. L., Gunawardana, N. N., Vidanagamage, M. R., Jayathungage, A. I., Ellawala, P. A., Peiris, A. C. N., Kamble, S. V. (2014, April). *Purpose in Life and Happiness*. Poster presented at Medical Research Symposium at South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.
- Hafil, R., Ellewala, C. K. C., Croos, S., Fredrick, N. M., Fernando, H. L., Dissanayake, M. P. (2014, April). *The Effect of Leisure Activities on Life Satisfaction of Elders*. Poster presented at Medical Research Symposium at South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.
- Dissanayake, M. P. (2010, March). *A cross-cultural investigation of emotion differentiation and positive interpersonal relationships*. Poster presented at the Graduate Student Research Symposium at North Carolina State University, Raleigh, NC, USA.
- Dissanayake, M. P., Halberstadt, A. G., Kalat, J. W., & Kamble, S. V. (2010, February). *The relationship between emotion differentiation and interpersonal relationship quality of individuals across cultures*. Paper presented at the Society for Cross-Cultural Research, Albuquerque, NM, USA.
- Dissanayake, M.P., Halberstadt, A.G, & Kalat, J.W. (2008, October). *Exploring emotional experience of Sri Lankans*. Poster presented at the Southeastern ECO Conference, Asheville, NC, USA.
- Dissanayake, M.P., (2007, May 8). *Self-identification of Sri Lankans*. Presented at the Department of Psychology, North Carolina State University, NC, USA.
- Dissanayake, M.P., (2007, April). *The formation of self identity of youth in Sri Lanka*. Paper presented at the Second Graduate Research Conference, West Chester, PA, USA.
- Dissanayake, M.P., McConatha, J. T., Rozin, P., & McCauley, C. (2006, April). *The self image and identity of Sri Lankans*. Poster presented at the Psychology Department's Research Day, West Chester, PA, USA.
- Dissanayake, M.P., McConatha, J. T., Rozin, P., & McCauley, C. (2006, March). *Self identification of Sri Lankans*. Paper presented at the First Graduate Research Conference, West Chester, PA, USA.
- Dissanayake, M.P., & McConatha, J. T. (2006, February). *Ethnic identity and cultural context*. Paper presented at the 35th Annual Meeting of Society for Cross-Cultural Research, Savannah, GA, USA.

Dissanayake, M.P., Rozin, P., & McCauley, C. (2004, April). *The interplay of multiple identities across multiple social domains and different social settings in Sri Lankans*. Presented at the Student Lecture Series, Philadelphia, PA, USA.

Dissanayake, M.P., (2002, March). *Psychological problems of female university students who have been in areas affected by the war*. Paper presented at the Eighth National Convention on Women's Studies, Colombo, Sri Lanka.

Seminar Presentations

Dissanayake, M.P., (2009, November 18). *Is it possible for negative emotions to lead to broadened thinking or behavior?* Presented at the Developmental Seminars, North Carolina State University, NC, USA.

Dissanayake, M.P., (2009, February 25). *Emotion differentiation and positive interpersonal relationships of individuals across cultures*. Presented at the Developmental Seminars, North Carolina State University, NC, USA.

Dissanayake, M.P., (2008, April 9). *Emotional experience of Sri Lankans in Sri Lanka*. Presented at the Developmental Seminars, North Carolina State University, NC, USA.

Academic involvement

June 2015 – present	Foundation for Medicine Module, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.
March 2014 – present	Multi-dimensional Approach to Patient Care course, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.
October 2014	Clinical Introductory Program – Department of Surgery, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka. October 30, 2014.
April 2014	Integrated Ward Class - Department of Paediatrics, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka. April 1, 2014.
April 2014	Integrated Ward Class – Department of Paediatrics, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka. April 25, 2014.
Sept. 2013 – December 2013	Interdepartmental Integrating Program, Faculty of Medicine, South Asian Institute of Technology and Medicine, Malabe, Sri Lanka.

Publications

- Dissanayake, M. P., & Rupasinghe, P. D. (2016). The effect of health beliefs on self-efficacy and life satisfaction. *SAITM Medical Journal*, 1(1), 4-7.
- Dissanayake, M. P. (2016). *The Multidimensional Model: An Integrated Approach to Psychological Well-being*. Senior Professor Kulasena Vidanagamage Felicitation Volume, 252-261.
- Dissanayake, M. P., Jayathungage, A. I., Rupasinghe, P. D., Samarasinghe, H. L., Ellawala, A., Gunawardene, N. N., & Vidanagamage, M. (2015). Age-related trends in value of general health, self-efficacy, and life satisfaction. *Proceeding of the 2nd International Conference on Social Sciences*, 2, 143-146. DOI: 10.17501/ icoss2015-1115
- McConatha, J. T. & Dissanayake, M. P. (2014). Laugh and Pray. In J. T. McConatha & (Ed.), *Stress management and longevity: The importance of physical and social activities in later life* (pp. 135-154). UK: Meyer & Meyer Sport.
- Dissanayake, M. P., & McConatha, J. T. (2013). The interplay of multiple identities of individuals across multiple domains. *World Cultures eJournal*, 19(1), 1-12.
- Dissanayake, M. P., & McConatha, J. T. (2011). A comparative investigation of the self image and identity of Sri Lankans. *World Cultures eJournal*, 18(2), 1- 18.
- Dissanayake, M. P. (2001). Psychological problems of university female students who have been in areas affected by the war. Center for Women's Research. *Images of Women in Modern Sri Lanka*, 1-35.

Manuscripts in preparation

- Dissanayake, M. P., & Rupasinghe, P. D., Samarasinghe H. L., Ellawala A., Jayathungage A. I., Gunawardene N. N., Vidanagamage, M. (2015). *Mediating effect of self-efficacy and positive affect on the link between beliefs about the benefits of health behaviors and life satisfaction*. In preparation.
- Dissanayake, M. P. (2015). *Exploring religious involvement of individuals living in two South Asian cultures*. In preparation.
- Dissanayake, M. P., Kamble, S. V., & Patil A. (2015). *Gender as a moderator of the relationship between positive affect and life satisfaction*. In preparation.
- Dissanayake, M. P., Kamble, S. V., & Patil A. (2015). *The effect of beliefs about valuing positive emotions on happiness and life satisfaction: The mediating role of positive affect*. In preparation.

Dissanayake, M. P., & Rupasinghe, P. D., Samarasinghe H. L., Ellawala A., Jayathungage A. I., Gunawardene N. N., Vidanagamage, M. (2015). *Intercorrelations among health beliefs and affect*. In preparation.

Dissanayake, M. P., Halberstadt, A. G., Kalat, J. W., Abeysinghe, N., & Kamble, S. V. (2013). *Affect and life satisfaction*. In preparation.

Dissanayake, M. P., Halberstadt, A. G., Kalat, J. W., & Kamble, S. V. (2011). *The link between emotion differentiation and relationship quality of individuals across cultures*. In preparation.

Dissanayake, M. P., Halberstadt, A. G., Kalat, J. W., & Kamble, S. V. (2011). *The role of positive interpersonal relationships in individuals' life satisfaction*. In preparation.

Memberships of Associations

2010 Member – Association for Psychological Science
Washington, DC, USA

2006 Student affiliate - American Psychological Association
Washington, DC, USA